

GESTALT
INSTITUTE

EAGT

EUROPEAN ASSOCIATION
STANDARDS OF GESTALT THERAPY

Certificate

Yevheniia Maksimenko

participated in a specialised programme

DIALOGUE MODEL OF GESTALT THERAPY

The programme was held from 03.10.2023-17.10.2024 and included 180 hours.

THE PROGRAM INCLUDED MAIN TOPICS:

The methodology of psychotherapy by experience.
The philosophy of the therapeutic relationship.

The nature of reality from the point of view of
psychotherapy by experience.

The dialogical-phenomenological concept of
contact. Presence, choice, awareness and
sensitivity as properties of contact.

The formation of "self" in contact with the
environment. Decentralization of power. Managed
initiated crisis as the basis of psychotherapy.

Creativity in psychotherapy. Features of
psychotherapeutic experiments.

Phenomenology as the basis of psychotherapy.
Phenomenological reduction.

Rules of construction of psychotherapeutic
interventions in psychotherapy by experience.

Phenomenology of feelings.

Psychotherapeutic work with shame, guilt, rage,
envy, mental pain, resentment, anxiety, fear, etc.

Experience and its accompaniment is the main
goal of psychotherapy.

Ecology of psychotherapy. Prevention of
professional "burnout".

POGODIN

Founder of Pogodin Academy
Director of the Gestalt Institute
Candidate of Psychology,
Associate Professor

Igor Pogodin

